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A Message from CMH Board Chair Jill Stewart and President and Chief Executive Officer Brad Hilker

We look forward to the future where we will continue to focus on our strategic plan including:

- 1) Providing quality care and diagnostic services to our patients – both now and in the future.
- 2) Sharing the CMH story with our community and others in health care.
- 3) Recruiting and retaining the best people.
- 4) Enhancing our physical plant, diagnostic and patient care equipment and technological infrastructure.

Thank you for selecting CMH. Our focus continues to be our patients and our drive for excellence in all that we do. We will treat our patients and family with compassion, dignity and respect. We are excited about the future for our hospital as we partner with other healthcare providers to create a healthy community.

CMH Foundation Update

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Annual Report 2012 - 2013

Campbellford Memorial Hospital (CMH) is a 34-bed health care facility located in Trent Hills. It serves approximately 30,000 Northumberland, Peterborough and Hastings County residents, as well as a large seasonal population of cottagers and tourists enjoying the beautiful Kawartha Lakes Region and the Trent River System.

Staff and Physician Recognition



It's Campbellford Memorial Hospital's 60th anniversary and we've got plenty to celebrate. To the left are staff members who combined have contributed 760 years of loyal and dedicated service to our community hospital. Without their contributions, and the contributions of others like them, we would never have reached our 60th anniversary. Thank you!

A Message from CMH Board Chair Jill Stewart and President and Chief Executive Officer Brad Hilker (Continued)

As we reflect on the successes achieved at our hospital, we are thrilled with the progress that we have made and how we continue to be a leader in the delivery of rural healthcare. Over the last twelve months, some of the accomplishments include:

- The implementation of a video link between the Kingston Trauma unit and our Emergency department that allows a real time connection to address the needs of our patients.
- Receiving the 2012 Quality Healthcare Workplace Gold Award in recognition of excellence for quality healthcare workplaces. This is the second time that we are in receipt of the gold award.
- Our patient safety advocate program continues to receive provincial recognition in Hospital News with the latest story about our Falls Prevention Strategy.
- Our Restorative Care program has been open for just over a year with a focus to ensure seniors who have been hospitalized from an illness and are getting well, will have additional supports to regain their strength and return home quickly and safely. The program has seen 109 patients with 73% or 80 of these patients returning to independent living. As well, our ALC days have decreased by 45% or 1,656 days.
- The hospital achieved a financial surplus of \$4,004.
- The hospital continued to commit to provide accessible care to our patients within our resources by opening a Nephrology Clinic.
- CMH continues to invest in wellness programs for staff. The latest initiative was the opening of a gym dedicated to the memory of a former employee, Marlene Milne.
- The Campbellford Memorial Hospital Foundation, Campbellford Seymour Community Foundation and the Municipality of Trent Hills have partnered together in a joint wellness program to ensure residents have access to the highest quality of life, health and well-being. Additional funds will be used by the hospital towards the purchase of priority capital equipment including a digital mammography machine.

Palliative Care

The last year has brought forth some exciting improvements to the palliative care we can provide to our patients. An entire day was dedicated in November to Palliative Care Management. Jan Raine, Kerri Shudall RN and Patti Stanton were instrumental in bringing this together. There is a Palliative Care Nurse Practitioner seeing patients at their homes – she is working closely with family physicians.



Dr. Celeste Collins

Chief of Staff Report

Thank you for the opportunity to share some of the stories about the hard work of the staff of this lovely hospital with you.

It is a pleasure to report that Campbellford Memorial Hospital is doing really well with our Restorative Care Unit located on the second floor of the hospital. Patients admitted to the hospital, and who need some form of strengthening and conditioning before returning home, are benefitting from this program.

An Automatic External Defibrillator has been bought for the second floor. All our defibrillators are on the first floor or on ground floor. The AED, as it is known, was placed to provide our patients with the best possible chance of defibrillation, should that be necessary. In other words, if you suffer a heart attack while on floor two, we can shock you with this device in an attempt to restore your heart to a normal rhythm.

In that vein, we are satisfied with the process instituted to transfer patients to Peterborough Regional Health Centre who had a certain type of myocardial infarction – we talk about Code STEMI patients. These patients need urgent Percutaneous Coronary Intervention. The door to balloon time is 90 minutes – from our door to the Interventional Suite in Peterborough! Well done EMS, ER physicians and Interventional Cardiologists.

Nephrologists from Peterborough are now seeing patients once a month in the clinic here at the hospital. This is of great benefit to those who cannot travel that far.

September 2012 saw a few cases of Pertussis, or better known as whooping cough. Elderly patients were not exempt from coming down with whooping cough. This served as a reminder that vaccinations against childhood diseases are necessary and also provides protection to those who are frail. Vaccination against Pertussis is available to adults up to the age of 59.

We welcomed Dr. Ali Witt to the staff last year. She is a GP anesthetist. Ali and her husband Jonathan moved to the area. Jonathan is completing his residency. She is a wonderful addition to our medical staff. It has been a joy to have Jonathan here as a resident over the last month.

Diagnostic Imaging

Dr. Glenn Garneys, a radiologist from Peterborough Regional Health Centre, is the head of diagnostic imaging for Campbellford now. He is attending our Medical Advisory Committee meetings regularly. We have seen positive changes in the reporting times with his support.



Best Practice Nursing

There are many nursing champions who work diligently and with great dedication to ensure that our patients receive the best nursing care available. What most people don't realize is that our education does not stop upon graduation. Health care is comprised of ever-evolving science and best practices.

Campbellford Memorial Hospital is a small rural hospital that delivers optimum patient care. Our commitment to education is demonstrated by investing in our staff or "growing our own" as we like to say.

Best practice is governed by external professional bodies such as the Registered Nurses Association of Ontario and the Registered Practical Nurses Association of Ontario. These organizations provide educational opportunities and conferences ensuring best practice and quality of care. Campbellford is unique in that we send our staff out to be trained to become experts and bring that knowledge back to share.

Providing this education to our staff allows us to treat Campbellford Memorial Hospital patients in their community rather than transfer to another hospital.

"Our commitment to staff is to provide and support education. Our commitment to patients is to provide the best nursing care in compliance with Best Practice Guidelines"

"I would like to take this opportunity to thank all of our nurses for a job well done!", says Jan Raine, CNO.

Patient Testimonials

"Sometimes we have to remind ourselves how fortunate we all are to have the wonderful and life enhancing and life saving services in our community. Thank you."

"Your staff in all departments are the most caring and compassionate to all of us who need you."

"Thank you for the friendly, compassionate care – we are glad CMH is here for us!"

Our Champions

Wound Care Champions

Erin Keogh, RPN
Lisa Claire, RN
Danielle Wood, RPN

Received training in Toronto by the Canadian Association of Wound Care, St. Michael's Hospital Enterostomal Therapy "Knowledge and Practice", and in Peterborough by Dr. Stephen Martin and Debbie Hanna Bull (Advanced Practice Nurse, Skin & Wound Care Program)

Palliative Care Champions

Kerry Shudall, RN
Tammy Philp, RN
Courtney Cassidy, RN
Mirelle McIvor, RPN

Completed "Learning Essential Approaches to Palliative and End of Life Care" (LEAP) program.

Senior-Friendly Champions

Betty Dawn O'Halloran, RN
Kerry Shudall, RN
Tori MacAulay, RPN
Jan Raine, CNO

Received training through the Regional Geriatric Program in Ottawa and attended conferences on Senior Friendly Care (OHA) and Care of the Frail Elderly: Navigating the Maze.

The Auxiliary's Mission

Auxiliary members are dedicated men and women who raise funds through community support to enhance patient care at Campbellford Memorial Hospital.



Norah McGowan, President of the Auxiliary to CMH

Message from the Auxiliary

Our Auxiliary's sole purpose is to raise funds for CMH.

We operate a small gift shop in the hospital year round. It is staffed by our members and services the CMH patients, families and staff.

This year mark's our 70th anniversary – a milestone we should all celebrate.

We started the year 2012 by hosting a ***Fashion Show*** in place of the traditional Geranium Tea. Clothing was displayed from three local dress shops from Campbellford, Warkworth and Stirling and the show was a roaring success (sold out) and will become an annual event going forward.

In May every year, we hold our ***Tag Days*** on the long week-end. We ask for donations and in return, give out a sticker for donors to wear. Auxiliary members can be seen in their blue smocks in and around Campbellford, Havelock, Marmora, Hastings and Warkworth.

All summer and fall we sell raffle tickets with a chance to win cash prizes of \$1000, \$500 and \$250 with our annual sale of ***Cash Draw Raffle Tickets***. Our members are out most Fridays and some Saturdays between the end of May and Thanksgiving, with the draw culminating at our ***Snowflake Bazaar*** in late fall. This past year we introduced a new feature at the Bazaar, we coined the Unique Boutique – a sale of new, but never or gently (hardly) used accessories, such as purses and scarves as well as jewelry. This was very popular and planning is underway to make this an annual feature of the bazaar.

In January we host our annual ***Polar Bear Plunge***. To add a little excitement this past year we had a local couple renew their wedding vows and then they, along with the person officiating, all took the plunge! This event made news – even capturing the interest and space in several Toronto papers.

Other fundraisers have included a ***Tupperware Sale*** held at onsite at CMH

and the new profitable ***Bottle Drive*** held this past fall.

Finally, on April 25th, we hosted the ***Annual General Meeting of the Central East Region HAAO***. A number of congratulatory messages from various levels of government and dignitaries were displayed, and to cap the meeting off we had a huge cake with a picture of CMH on it made for the event.

It is through these initiatives that we remain focused to fundraising for a new ***portable vital signs monitor*** and an upgrade to the central monitoring system for the Emergency Department. We are on target and should complete our fundraising by next year.



Our Members Hard at Work

CMH Board of Directors 2012 - 2013



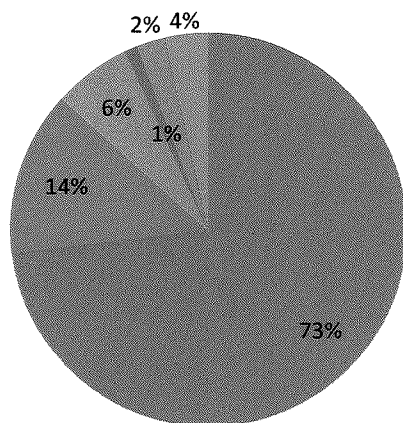
Back row, left to right: George McCleary, Dr. Glenn Gibson, David Carlaw, Dr. Jim Ashman, Gord Park, Tim Chennette, Alex Davidson, Pat Sheridan, Derek Nice

Front row, left to right: Valerie Przybilla, Norah McGowan, Brad Hilker, Jill Stewart, Dr. Celeste Collins

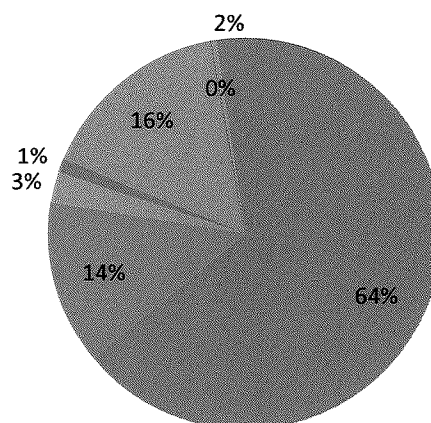
Missing from photo: Judith Pearce, Bruce Thompson, Jan Raine

Financial Report 2012 - 2013

REVENUE



EXPENSES



Revenue 2012/13

● Ministry of Health	\$ 13,318,177
● Physician Transfer Funding	\$ 2,489,552
● Patient revenues	\$ 1,156,383
● Differential and co-payment	\$ 197,010
● Amortization of deferred capital contributions	\$ 411,889
● Other revenue	\$ 648,543
Total	\$ 18,221,554

Expenses 2012/13

● Compensation	\$ 11,638,556
● Physician Transfer Payments	\$ 2,489,552
● Medical and surgical supplies	\$ 471,455
● Drugs and medicines	\$ 205,129
● Supplies and other expenses	\$ 2,899,036
● Interest expense and bad debt	\$ 81,480
● Equipment and software amortization	\$ 432,342
Total	\$ 18,217,550

Activity Statistics	Emergency	Inpatients	General Surgery	CT Outpatients	Clinic Patients
2012/13	20,400	1,049	1,634	1,450	3,700
2011/12	20,612	1,038	1,597	1,423	4,324
2010/11	20,582	1,092	1,746	1,441	4,699

Making Your Hospital Better
Every Day

Telemedicine Based Support for
Resuscitative Care

Campbellford Memorial Hospital (CMH) and Kingston Resuscitation Institute (KRI) have partnered together to facilitate the provision of excellent resuscitative care for patients who require emergency medical management at CMH. Through a camera system mounted in the CMH Emergency Department, the CMH physician who is involved in a resuscitation has the ability to consult with a KRI physician with specialized training and expertise in resuscitative medicine with minimal effort any time of the day. The camera system allows the KRI physician to be able to visualize the condition of the patient, procedures being performed on the patient and monitor information. Audio access is also provided to allow hands free communication.

Dr. Norm Bartlett, Chief of CMH Emergency Department states, "this system is another way that CMH is able to provide safe and timely care with consultation with a trauma centre".

Restorative Care Program a Success



Melissa Bedford and Restorative Care patient Mary Derry

As a physiotherapist at CMH, I have worked with many patients within the Restorative Care Program. The aim of the program is to optimize patient mobility and function to facilitate a safe discharge home. What makes my job so enjoyable is working with patients like Mary Derry. When she first arrived Mary struggled with a fear of falling and required assistance with her activities of daily living. With participation in Restorative Care, Mary was able to return home to her previous level of functioning. The success of this story would not have been made possible without the help of Mary's family and community supports. When followed up three months later Mary and her family recalled the program helping immensely and the experience being enjoyable.

Melissa Bedford, Registered Physiotherapist

Physiotherapists Have a Unique Perspective on Safety



Physiotherapists Tracy Thompson (left) and Melissa Bedford assess each patient to determine their particular needs and risks for falls or injuries.

As a physiotherapist working in a hospital setting, you see the world differently from others, according to Melissa Bedford. Melissa and her colleague Tracy Thompson are physiotherapists at Campbellford Memorial Hospital supporting people in the hospital's in-patient unit as well as those in the hospital's Restorative Care program.

"Our role is about educating people on the potential risks for falls or injuries often present in a health care setting," says Melissa, "Not only are we looking out for our patients, but we are also looking out for our nursing staff to ensure they are transferring patients correctly, and avoiding injury on the job by protecting their backs and using mechanical lifts to help move patients safely."

We're trained to look at people differently. We look at how they are moving to determine if they are likely to fall more easily than someone else.

The hospital's physiotherapists provide assessment, treatment and consultation to patients with movement dysfunction. As many in their profession, they strive to achieve optimal health outcomes and use resources efficiently and safely.

"We work with a variety of patients here. Our job is to assess each patient, seeing their care needs from a physiotherapy perspective. This includes understanding how to mobilize the patient and make sure they are transferred and positioned safely when they are under care at the hospital. This also includes doing a falls assessment to determine their frailty and

risk of falling. If there is a risk of falling, then we ensure the proper information is shared with the rest of the care team regarding this risk. This includes having information posted at the patient's bed side, in their medical chart and within other patient records accessed by the care team," says Tracy.

"In our Restorative Care Program, our patients need a higher level of physical therapy and related care to transition from the hospital or from an injury that has impacted their mobility back to their home again. Many of these patients are elderly and living alone at home. We work with them to assess their needs, help them get stronger, and work with their families to plan for their discharge and return home. We really want to promote independent living as much as possible," adds Tracy.

"We're trained to look at people differently. We look at how they are moving to determine if they are likely to fall more easily than someone else. We also

gather information about their history to understand if they've fallen before. We seek to determine if they've had balance issues. We also do a walk-through of the areas where they will be receiving care and support walking to remove any tripping hazards," she says.

Campbellford Memorial Hospital officially launched its Restorative Care Program a little over a year ago. This program is designed to ensure that local seniors, who have been hospitalized for an illness and are getting well, will have additional supports to regain their strength and return home quickly and safely. This is a transitional program for typically elderly inpatients requiring low intensity therapy to improve their strength, endurance, or functioning so they can return to their home safely following hospital care.

There are three key program benefits:

- Levels of individual function and independence are expected to improve with the support of a multidisciplinary team resulting in a safe transition from hospital to home
- Family members and care givers are engaged in the program and are better informed about individual care plans, and
- CMH is providing an environment that encourages more effective transition to home, and reduces the chances of patient readmission to the hospital or a prolonged hospital stay

"We're fostering a culture that empowers a hospital setting that is sensitive to the needs of our patients and our Restorative Care Program is an example of that. Our staff and our board recognized the need for this kind of program because we know that it will help us to provide even better care for our senior patients. By linking this program with our ongoing Home First partnership with the Central East Community Care Access Centre and Community Care Northumberland, we are confident that we are providing better patient care while meeting our Alternate Level of Care targets and improving our emergency department wait times," says Brad Hilker, President and CEO, Campbellford Memorial Hospital

"Our Restorative Care program is another example where our team of professionals like Tracy and Melissa can demonstrate their passion and drive for excellent care, while ensuring our patients have the additional support they require to return home quickly and safely," says Jan Raine, Chief Nursing Officer, Campbellford Memorial Hospital.

"Working in a hospital this size provides many opportunities for professional development you might not get in a larger hospital setting," says Melissa. "At Campbellford Memorial Hospital, we get more hands on experience, have opportunities to serve on different committees or help establish new policies or procedures."

For example, Tracy recently implemented a new Falls Risk Assessment Protocol called the 'Falling Leaf' protocol. "There was an opportunity to improve upon the original falls assessment program and so, in conjunction with the Risk Coordinator, Dianne Laroche, we devised a new system. Every patient admitted to the hospital is assessed with the new assessment form. If they are deemed a falls risk, then they are identified by wearing a purple wrist band, and a leaf sticker is placed on the patient information board in their room, on their patient chart and on the nursing kardex. The physiotherapists also perform specialized balance tests (Tinetti and Berg) to further assess their risk of falls and to devise a special balance exercise regime to further prevent falls. We also teach people to get up off the floor!" she explains.

"This is also a friendly and family-oriented environment. There are a lot of patients who are admitted here who know other patients or staff. I think this familiarity and the related support they get from others gives patients a lot of reassurance and that helps with their recovery," adds Melissa.



New Campbellford Memorial Hospital (CMH) Programs Focused On Providing Quality Care and Better Access to the Right Kind of Care for Patients

Jan Raine, Chief Nursing Officer with Campbellford Memorial Hospital provided the hospital's board of directors with an update on some new patients programs. These programs include Palliative Care, Restorative Care, a new Integrated Chronic Disease Management Program offered in partnership with the Trent Hills Family Health Team and a Nephrology Clinic. All are designed to ensure that area patients receive access to the kind of care they require most and who have access to a multidisciplinary team of health care professionals working together to ensure the best outcome for their patients and their families.

The new Palliative Care initiative will see all patients who present to CMH receiving optimum palliative treatment based on the best practice guidelines developed by the Registered Nurses' Association of Ontario. The hospital is partnering with Community Care Access Centre, Trent Hills Family Health Team, Community Care Northumberland, and Bridge Hospice to provide a "wrap around" service to provide the best support for people who are approaching end of life. The hospital is measuring and monitoring the number of patients with a diagnosis of palliative who have been assessed daily for Palliative Performance Score (PPS). This score is a way of measuring the progressive decline of a palliative patient to make

sure they get the right level of care close to home in the right place.

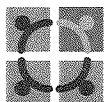
The initiative is still in the early stages of development, but showing initial signs of success. The Palliative Group is responding to the need for more collaboration and better communication with our partners. We have now established a strong community network with a palliative focus. Working together, we have documented a current and future state of a patient's potential palliative journey highlighting the different pathways of care. The group has a better understanding of each other's services. The next step is to discuss the potential for palliative rounds and to understand the scope of palliative patients in our community. The group played a fundamental role in facilitating collaboration of the referral process for our new community hospice.

As well, in addition to the hospital's commitment to empower its patients and provide them with tools to self-manage their chronic illness and prevent further deterioration due to the disease, Campbellford Memorial Hospital is introducing a nephrology clinic. This clinic will provide patients diagnosed with renal disease to benefit from consultation and care provided by a team of nephrologists from Peterborough who will work with patients to stabilize the illness and hopefully delay its progression. Initially, the Nephrologists will see patients at the hospital's Outpatient Clinic once per month.

The Integrated Chronic Disease Management Program (ICDMP) is an initiative being offered in partnership with the Trent Hills Family Health Team, Northumberland Community Care, and Community Living to area patients who are managing chronic disease for example Chronic Obstructive Pulmonary Disease or Congestive Heart Failure. The program is intended for those individuals who have been assessed and would benefit from attending a seven week program to enable them to assist in the management of their disease. The multidisciplinary care team includes nurses, pharmacists, physiotherapists and recreational therapists. The aim of the program is to achieve the following:

- work collaboratively through an integrated health team to provide a greater understanding of chronic diseases;
- provide individuals with holistic education to enable healthy life choices and achieve self-management of their chronic diseases; and
- facilitate engagement in the program to establish greater confidence and education regarding the management of the individuals chronic disease.

The program will accommodate eight – ten outpatients per program. Consisting of 90 minute weekly meeting running for a period of seven continuous weeks and participants are expected to commit to attend all seven meetings. The clients will be identified for assessment for this program either by their family health team doctor or at point of discharge from Campbellford Memorial Hospital by the discharge planner. All patients attending the program must be medically stable to be able to participate in the program.



CAMPBELLFORD

MEMORIAL HOSPITAL FOUNDATION

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In Memoriam Program - A Celebration of Life

The McCulloch Family recently attended an informal ceremony at Campbellford Memorial Hospital to celebrate the life of their beloved family members – Eric & Jean McCulloch. Eric & Jean who were married for 63 years, passed away within a year of each other. The wishes of the family were to see donations made In Memory of Eric & Jean go to the Campbellford Hospital, who cared for them both over the years. The donations accumulated to over \$1,000, allowing for Eric & Jean to be recognized on the hospital donor wall.

The McCulloch's had the opportunity to view the CT Suite and hear about how those donations help patients each day followed with enjoying light refreshments and fellowship. The family noted afterwards:

"On behalf of the McCulloch family we extend are heartfelt appreciation for your wonderful and informative presentation. It is so good to see what these donations are doing."

The Campbellford Memorial Hospital Foundation is honoured to be the recipient of these generous donations and we thank the families, who during a time of grieving, are thinking of way to honour the life of their loved one. *A gift that will help many patients over the years.*



Report from the Executive Director

Dear Friends and Supporters of the Campbellford Memorial Hospital Foundation,

It is an honour that I write my first annual report message as the Executive Director of the Campbellford Memorial Hospital Foundation. Since taking on the role in November 2012 it has been my great pleasure to get to know many generous supporters and hardworking volunteers who share my passion for quality health care close to home. As you read through our Annual Report, we hope that you – the stakeholders of the Campbellford Memorial Hospital Foundation – will see how essential your on-going support has been through the year and understand how much your support is appreciated.

Throughout the year, we work hard to raise funds to invest in the purchase of high priority equipment and other capital needs for the Campbellford Memorial Hospital. Our hospital requires leading-edge medical equipment and information technology in order to remain a top quality rural hospital providing top quality patient care and to recruit and retain highly qualified

medical professionals. The local community has generously supported this effort and on behalf of the CMH Foundation Board of the Directors and Staff, thank you!

In the future, we will continue to invest and support the programs that the hospital has determined as top priorities. In 2013, the CMH Foundation is focusing on raising \$700,000 for the purchase of a digital mammography machine as it is essential for CMH to continue to provide the community with a high quality mammography service.

We look forward to helping the hospital invest in the resources required to provide our healthcare providers with the tools they need to continue to deliver quality care.

Your gifts really do make a difference! Thank you for supporting the Campbellford Memorial Hospital Foundation!

2012 CMH Foundation Board of Directors

Calvin Newman (Chair)

Don Pearson (Vice-Chair)

David Pollack (Treasurer)

John Russell (Secretary)

Bruce Thompson

Don King

Mark Higgins

Larry Meyers

Wayne Buck

Dianne Mechetuk

Rosemary Peikes (CMH
Auxiliary Co-President)

Alex Davidson (CMH Board
Representative)

Brad Hilker (CMH President
& CEO)

Pat Blacker-Thompson
(CMH CFO)

Follow us on line at:

www.givetocmh.ca



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Donor Funded Equipment Purchases in 2012

- Integrated Wall Systems for Ear, Nose, and Throat Diagnoses - 14 sets (Emergency Department)
- AED Defibrillator (Restorative Care)
- Video Monitor (Recovery Room)
- Tonometer (Emergency Department)
- Vital Signs Monitor - 3 (2 for Emergency, 1 for Surgery)
- Coloscopes - 4 (Surgical Area)
- Gastrosopes - 2 (Surgical Area)
- Phlebotomy/ECG Cart (Laboratory)

High Priority Equipment Needs in 2013

(Partial List)

- Two CADD Pain Pumps (\$8,600)
- Microscope for the Lab (\$13,000)
- Scope Sterilizer (\$30,000)
- Hematek Stainer for the Lab (\$17,500)
- Phone System (\$50,000)
- Various Infrastructure Items (\$49,000)
- Four beds (\$26,000)
- Digital Mammography (\$700,000)



1 st half- marathon	Sunday, January 13 th	Los Angeles	2 hrs 12 mins	
2 nd half- marathon	Sunday, February 24 th	Peterborough	2 hrs 23 mins	
3 rd half- marathon	Saturday, March 9 th	Miami Beach	2 hrs 10 mins	
4 th half- marathon	Saturday, March 23 rd	New York	2 hrs 11 mins	
5 th half- marathon	Sunday, April 21 st	Uxbridge	2 hrs 17 mins	
6 th half- marathon	Sunday, May 5 th	Mississauga	2 hrs 15 mins	
7 th half- marathon	Saturday, June 1 st	Whistler	2 hrs 12 mins	
8 th half- marathon	Sunday, June 16 th	Barrie	2 hrs 14 mins	
9 th half- marathon	Saturday, August 10 th	Vancouver	NEXT →	
10 th half- marathon	Sunday, September 22 nd	Oakville		
11 th half- marathon	Sunday, October 6 th	Picton		
12 th half- marathon	Sunday, October 20 th	Toronto		
13 th half- marathon	Sunday, November 17 th	Las Vegas		

Dr. Joe's 13 in '13

"As a doctor at Campbellford Memorial Hospital, I treat a diverse group of patients with a range of health care issues. I could not provide the necessary care without the essential medical equipment available at the hospital. When a patient presents with a cough and pneumonia is suspected, a *portable x-ray machine* is needed. A patient with a family history of colon cancer may need a *colonoscopy* as part of the screening process. If someone needs to be admitted as an in-patient, then a *bed* and an *IV pump* may be needed. Or maybe a patient has a lump in their breast and a *mammogram* is needed. All this equipment is absolutely indispensable to everyday patient care."

- Dr. Joe Barbaro

Supporters can track Dr. Barbero's progress on Facebook at <http://facebook.com/DrJoes13in13> and donations to *Dr. Joe's 13 in '13* can be made on-line through a secure CanadaHelps GivingPages (<http://bit.ly/ZmeDL1>), to Dr. Barbero personally or at the CMH Foundation.



The Campbellford Memorial Hospital Foundation, Municipality of Trent Hills and the Campbellford/Seymour Community Foundation have launched an exciting new campaign to ensure the residents of Trent Hills and surrounding communities have access to the highest quality of life, health and well-being.

Flourish, the Trent Hills Wellness Campaign is about one community, three initiatives, three lasting outcomes and something for everyone:

- Quality diagnostics and health care close to home!
- Better recreational and leisure facilities!
- Sustainable community development!

For the latest details please visit www.flourishcampaign.ca



Campbellford Memorial
Hospital Foundation
Golf Classic

Sponsors

Presenting & Dinner Sponsor ~
HTM Insurance Company

Lunch Sponsor ~ Newman, Oliver
& McCarten Insurance

Platinum/Hole-in-One Sponsor ~
RBC Foundation

Gold Sponsors

Wayne Eros Painting & Decorating

VitalAire

Bob Mark New Holland Sales
Limited

Closing the Gap Healthcare Group

Joseph Crowley

Campbellford Chrysler – Plymouth
Ltd.

Friends of the Foundation

Empire Cheese

PGgrowth

Canadian Tire

Sysco

Campbellford Automotive Supplies

Campbellford Farm Supply Ltd.

John & Colleen Terpstra



14th Annual CMH Foundation Golf Classic ~ Presented by HTM Insurance

On Monday, June 10th 2013 we hosted the **14th Annual Campbellford Memorial Hospital Foundation Golf Classic** at the Pine Ridge Golf & Country Club. This year was very special for several reasons. **HTM Insurance Company** signed on as the Exclusive Presenting and Dinner Sponsor for the event and helped to ensure the event was a success. Their leadership also helped to bring in several other important sponsors and supporters to the event (see complete sponsor listing in the highlight box).

Despite a torrential downpour that halted play after about seven holes, the players stayed around to enjoy a BBQ Lunch, sponsored by **Newman, Oliver & McCarten Insurance**, and for fellowship, speeches, sponsor recognition and a steak dinner. Even with the nasty weather it turned out to be a wonderful day.

A big thank you to all of the sponsors, players, prize donors and organizing committee members, especially Honourary Tournament Chair Jill Stewart.

Relay For Life and CMH Kick off the Fight Against Cancer in Trent Hills

In 2012, the Canadian Cancer Society and Campbellford Memorial Hospital Foundation began a partnership with the Trent Hills **Relay For Life**. The unique partnership was an innovative way for a small rural hospital to join in the fight against cancer. Under the first year of the partnership \$8,024.37 was raised towards the purchase of a much needed digital mammography machine for the hospital.

The Foundation is looking forward to 2013, which promises to increase the amount of dollars raised for the Hospital. Under the renewed agreement new hospital recruited **Relay For Life** teams can designate the funds they raise to the purchase of the new digital mammography machine.

The **Relay For Life** in Trent Hills will be held on September 6-7, 2013 at the Campbellford Fair Grounds, supporting cancer care activities through the Canadian Cancer Society and Campbellford Memorial Hospital.

Please visit www.relayforlife.ca/trenthills for the latest details about the Trent Hills **Relay For Life**, to join a team, create a new team or support one of the existing CMH teams.



You are the reason that CMH is able to help thousands of patients each and every day, all year long – we thank you on behalf of all the patients for your generosity and belief in the importance of great health care close to home – it could not happen without all of the donations we receive from you – Thank you for helping others.

In Appreciation - Donors Moving Up Levels on the CMH Foundation Wall 2012

Steward (\$100,000 - \$249,999)

Estate of Arthur Leslie Skrepnek

Partner (\$50,000 - \$99,999)

Peter & Miriam Kurita
Dr. Glenn Gibson

Companion (\$25,000 - \$49,999)

Estate of Dorothy Gingrich
Anonymous
Scotiabank

Patron (\$10,000 - \$24,999)

Economical Mutual Insurance Company
Dart Cup
Norma Thompson
John & Judy Pearce
Harry & Susanne Voskamp
Lena E. Koiv
Dr. Celeste Collins
Pine Ridge Golf & Country Club
Royal Canadian Legion Br. 103

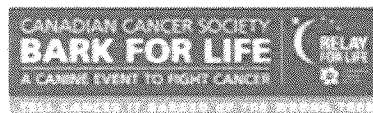
Supporter (\$5,000 - \$9,999)

Anonymous
William & Marilyn Murray
William & Gladys Petherick
Marjorie & Ted Bedore
Margaret & Jim Crothers
Royal Canadian Legion Br. 300
Geoff & Bonnie Nabb
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Bruce & Elizabeth Thompson
In Memory of Beryl Nicholas
Estate of Margaret Johnston

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Antique Automobile Club of America
In Memory of Harold Carlaw
Helen Hawkins
Hilda Cole
Charles & Marilyn Exton
Henry & Enid Oliver
Stanley & Joan Pople

Cody & Frances Wheeler
Estate of John & Ruth Petherick
Fred & Laura Ingram
Jim & Betty Jeffs
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Janet & Brian Findlay
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Alex B. Davidson
Lisa Barrett-Cagliostro
Gordon & Doris Logan
Ruth McDonald
Kathleen Wheeler
Wilfred & Marilyn Jenns
Ronald Scott
Gloria Skinner
Susan Moreau
Cecilia Terpstra
Dr. Glenn Garneys
In Memory of Jean Kennedy
Catherine Aitken
Wawanesa



Bark For Life

Sunday July 7th

Bark For Life is a unique opportunity for people to celebrate their canine companions while raising funds, through a pledge dog walk, to fight cancer.

The proceeds from this event will help bring Digital Mammography to Campbellford Memorial Hospital, as part of our partnership with the Canadian Cancer Society Relay For Life.

Please visit www.cancer.ca/barkmarmora to pledge or join the Bark For Life Event in Marmora.

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